



## Mocha Moms, Inc. Occupy Schools™ Pledge

I, \_\_\_\_\_, commit to making a difference in the academic outcomes of all children by first dedicating my efforts to the academic success of my own child. I, therefore pledge to:

- Practice healthy living habits by ensuring that my child has nutritious meals, adequate rest and exercise.
- Restrict the amount of time my child spends watching television and using electronic devices for non-educational purposes.
- Create an environment in my home that promotes the learning and understanding of all subjects, especially African-American history.
- Maintain regular, positive communication with my child's teachers.
- Volunteer at my child's school and participate in school functions.
- Ensure that my child has necessary school supplies and organizational tools.
- Monitor homework daily and assist when needed.
- Provide stability in my home with routines and practices that support the healthy academic, physical, social, psychological and emotional development of my children.
- Encourage and uplift my child's spirit by celebrating his or her strengths and providing support in areas of challenge.

I will do these things and will support the efforts of Mocha Moms, Inc. to educate all parents to do the same.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Date

Mocha Moms, Inc. Chapter Affiliation if any: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

To complete your pledge online, visit [www.mochamoms.org/occupyschoolspledge](http://www.mochamoms.org/occupyschoolspledge).